

## **WOMEN CELL 2019-20**

### **1. International Day of Girl Child**

In association with International Day of Girl Child 2019, Women Cell, St. Mary's College Thrissur conducted a talk on 10<sup>th</sup> October, 2019 on the topic "Girl Force: Unscripted and unstoppable". The session was handled by Dr. Amrutha K P N (Research Associate, KILA, Thrissur).



### **2. Medical Checkup for Teaching & Non-Teaching Staff**

The women cell of St. Mary's College, Thrissur in collaboration with AIMS conducted a talk on Risk factors arising from obesity on 18<sup>th</sup> October 2019 at Chavara hall. This was done in order to raise awareness about the health concerns and the impacts of obesity on health. The main objective of the talk was to make the young generation understand how harmful obesity will cause to them and the various nutritious steps that have to be taken in order to prevent it. The resource persons were Dr. Reena Jijo and Dr. Surya, of AIMS, Thrissur.



### **3. Awareness programme- POCSO ACT**

In collaboration with Kerala state Police department, Women cell of St. Mary's College, Thrissur organized street play, flash mob and various other activities on 27<sup>th</sup> November 2019 to raise awareness about the current issues. State police chief & director general of Police Sri. Lokanath Behera handed over the trophy for an appreciation to our college.



### **4. Talk on Population Day and Health Awareness**

On 15<sup>th</sup> July, 2019, Women Cell of St. Mary's college organized a "Talk on Population Day and Health Awareness" for UG students. The resource person was Dr. Kerline Jerome, AIMS. The talk pointed to the importance of family planning, gender equality, poverty, maternal health and human rights.



## **5. A Class on Menstrual Cup**

Women Cell of St. Mary's college, organized a class on "Mensural Cup" for the teaching and non-teaching staff at Chavara seminar hall on July 2, 2019. The resource person was Mrs. Merin from Smart Moves. The demonstration of the menstrual cup and its usage was detailed in the session. There was an interactive section between the resource person and the audience.



## **6. Debate Competition**

Women cell of St. Mary's College, Thrissur have organized a Debate Competition on the topic "Women and social Media" in relation with "International Women's Day" on 6<sup>th</sup> march, 2020. Nine teams consisting of two students from different departments have participated in the competition.



## 7. Street Play

Women cell of St. Mary's College, Thrissur have organized street play in relation with "International Women's Day" on 6<sup>th</sup> march, 2020. A group of 15 students have performed the street play related to the problems faced by women in the society.

