



St. Mary's College, Thrissur-680020

Gender Sensitization Activities Report 2015-16

Action Plan	Action Taken
Honoring Eminent Women	<ul style="list-style-type: none">• IQAC organised Women's Meet: <i>Honouring Eminent Women</i> from various fields on 14.01.16. Smt. Ajitha Jayarajan, (Hon Mayor, Thrissur Corporation) Dr. Sherly Vasu (Principal, Govt Medical College, Thrissur) Smt. Alphonsa Kurian (International Athlete) Smt. Beena Kannan (Entrepreneur) Smt. Sheeba Ameer (Social Worker) Smt.U. Najeema (Educationalist) Smt. Sreebala K. Menon (Film Director and Writer) were honoured on the day.
Women Empowerment Programme	<ul style="list-style-type: none">• IQAC organized a Session on Women Empowerment by Prof. Beate Kowalski, Faculty of Theology and Human Sciences, Technical University, Germany on for faculty and PG students.• Department of English organized Invited Lecture organized on the topic '<i>Bible and Gender Studies</i>' on August 19, 2015. By Prof. Beate Kowalski, Faculty of Theology and Human Sciences, Technical University, Germany.• Two day National Seminar '<i>Signature of Women In Environment protection : A History of abiding struggles in India History</i>' on 29.09.15 & 30.09.15

	<ul style="list-style-type: none"> • Department of Microbiology organized Breast Cancer Awareness Programme on 02-11-2015 • Department of Vocational Studies conducted Invited Talk on “<i>Menstrual Cycle and its Related Problems</i>” on 29.12.15 • Meet the Entrepreneur by Department of Economics on 03.12.15 • Department of Microbiology organized Free Cancer Detection Camp on 02.02.16 • Department of Microbiology organized Invited Talk “Uterine and Ovarian Cancer in Women on 03.02.16 • Department of Microbiology organized exhibition on “Cancer among Women: Prevention & Treatment Strategies” on 05.02.16 Microbiology • Department of Biotechnology organized Invited Talk on ‘Thyroid Related Issues’ by Dr. Seena, Ayurveda Medical Officer, Nenmanikkara, Thrissur on 29.02.16
<p>Competition to Arouse spirit of Gender sensitization</p>	<ul style="list-style-type: none"> • Department of Economics organized Quiz Competition on Women Achievers on 11.12.15 • Department of Microbiology organized Intercollegiate competitions on “Cancer among Women” 04.02.16 • Department of English conducted Wonder Woman Contest on 11.03.16
<p>Entrepreneurship initiatives</p>	<ul style="list-style-type: none"> • The Department of Commerce organised an interdepartmental fair “<i>Femessionals</i>” on 03.09.2015. • Meet The Entrepreneur on 03-12-2015 by the Department of Economics

Women's Meet

To celebrate the 70th year of excellence in tune with its motto of holistic development of young women, IQAC, St. Mary's College organized the Women's Meet to honour women of eminence from different spheres. Smt. Ajitha Jayarajan, (Hon Mayor, Thrissur Corporation) Dr. Sherly Vasu (Principal, Govt Medical College, Thrissur) Smt. Alphonsa Kurian (International Athlete) Smt. Beena Kannan (Entrepreneur) Smt. Sheeba Ameer (Social Worker) Smt. U. Najeema (Educationalist) Smt. Sreebala K. Menon (Film Director and Writer) were honoured on the day. The guests were honoured with Mementoes by Principal Sr Dr Jacintha C.C. The eminent shared their experiences in different fields and also motivated the students to undertake challenges and bring laurels to their family and country. Dr. Josepheni Joseph welcomed the guests. Sr. Dr. Jacintha C.C presided over the function and Dr. Julie P Lazar expressed gratitude to the guests for their presence and thought-provoking words. The programme was attended by staff, students, parents, Elder St Marians and members of SMART








ST. MARY'S COLLEGE, THRISSUR
 70 Years of Excellence

WOMEN'S MEET
Honouring Eminent Women from various fields
 on
14.01.2016
 10.30am - 12.00noon

 Dr. Anjana Kurian	 Dr. Sherry Jose	 Dr. Anuja Sankar
 Dr. Archana Jayaram	 Anandakrishnan	 Dr. Shresha Anwar
 Dr. Frederick F. Mwan	 Dr. S. Rajamma	

Organized by: RJJ/CC


ST. MARY'S COLLEGE, THRISSUR
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- » **Aadaraneeyam:**
Honouring Eminent Staff
9.00am - 10.00am
- » **Women's Meet:**
Honouring Eminent Women from various fields
10.30am - 12.00noon
- » **Middlones:**
A special message to proud fathers
11.00am - 11.30pm

PROFILE:

The Congregation of the Mother of Carmel (CMC) pioneered the field of higher education inspired by the educational vision of its founder, Saint Theresese of Lisieux, in France. Independence period, with the aim of uplifting the women of Kerala by empowering them through education. 70 years ago, in 1946, St. Mary's College was established in the heart of the Thirissur as the first women's College of Thirissur district. In the line of its inspiration, the College was affiliated to Madras University. Seven years after to Kerala University and finally in 1953 it was affiliated to University of Calicut. By imparting knowledge to young women, the institution has moulded generations of responsible citizens, custodian of their privileged position and their duty to serve the society.

In 1967 due to the increased demand for admission in the courses offered by the institution, the management decided to liberate the College and shifted the PG and UG courses to a newly established College at Changanassery. Today the College offers BA (H), M.A PG and a Ph.D programmes. National Assessment and Accreditation Council (NAAC) has re-accredited the College with 'A Grade' in 2015. The College celebrated the Diamond Jubilee in 2006 and is celebrating the 70th year of establishment in 2016.

Invited Lecture on Women Empowerment

The IQAC took initiative in organizing an invited lecture and Discussion for the faculty on Women Empowerment by Dr Beate Kowalsky , Prof, New Testament Studies, Institute of Catholic Theology ,Faculty of Theology and Human Sciences, Technical University, Dortmund , Germany. An interactive session was also arranged for the students on the need of being empowered.73 faculty and 22 PG students attended the session.



Invited Lecture- 'Bible and Gender Studies'

The Department of English organized an invited lecture on the topic 'Bible and Gender Studies' on August 19, 2015. The resource person was Prof. Beate Kowalski, Faculty of Theology and Human Sciences, Technical University, Germany.



National Seminar Signature of Women in Environment Protection: A History of Abiding Struggles in India

Post Graduate Department of History was organized Two day National Seminar on 29th and 30th September 2015 on the Topic, “Signature of Women in Environment Protection: A History of Abiding Struggles in India”. The Seminar was inaugurated by Prof. Sara Joseph, eminent writer and environmental activist. Many eminent personalities including Smt. C K Janu, Social activist, and leader of the Adivasi GothraMaha Sabha handled the sessions



Breast cancer Awareness Programme

A “Campaign on Breast Cancer’ was conducted at St Mary’s College, Thrissur , on 2 November 2015, by the Department of Microbiology in association with M I Mission Hospital, Thrissur. The Programme was commenced at 10.30 am in the Jubilee Hall of St Mary’s College, Thrissur . Sr Dr Jacintha C C (Principal ,St Mary’s College, Thrissur), Rev Fr Dr Francis Alapatt (Director of M I Mission Hospital, Thrissur), Dr Vijayan Nair (Chief Surgeon of M I Mission Hospital, TCR), Sr Cherupushpam (Principal, M I Mission Nursing School, Thrissur) led the programme . Around 200 students and staff members of St Mary’s college, attended the programme.



Health Orientation Class On “Menstrual Cycle and its Related Problems

Department of Vocational Studies in association with Indian Systems of Medicine, Thrissur organized a health orientation class on “Menstrual Cycle and its Related Problems” at Jubilee Hall on December 29th 2015. Dr. Agnes Cleetus, Senior Medical Officer, Govt. Ayurveda Dispensary, Pullu, St Mary’s College Principal, Sr. Dr. Jacintha C C delivered the presidential address. Dr. Agnes Cleetus conducted a session about menstrual cycle, women’s responsibility & health problems and how to overcome those problems. A consultation session was also conducted for who need help.



Free Cancer Detection Camp

Free Cancer Detection Camp was conducted by the Department of Microbiology in association with Regional Cancer Centre (RCC) Extension Centre, Palakkad. 50 members including teaching and non-teaching faculty members as well as public underwent preliminary screening for cancer.



Invited talk - Uterine and ovarian cancer in Women

Department organised an invited talk by Dr Neetha George, Gynaecologist, Jubilee Mission Medical College & Research Centre, Thrissur, on the topic “Uterine and ovarian cancer in Women”.



Exhibition - Cancer among Women: Prevention & Treatment Strategies

An exhibition on “Cancer among Women: Prevention & Treatment Strategies” was conducted on 5-Feb-2015 in Combined class room-1 on 5-Feb-2016. Exhibition was inaugurated by our Principal, Sr Dr Jacintha C C, at 10 am. Around 500 people including students from other schools and public visited the stall.



Invited Talk on ‘Thyroid Related Issues’

Department of Biotechnology organized Invited Talk on ‘Thyroid Related Issues’ by Dr. Seena, Ayurveda Medical Officer, Nenmanikkara, Thrissur on 29.02.16

Quiz Competition On Women Achievers

Economics Association conducted a Quiz Competition on Women Achievers on 11-12-15. A Preliminary Round was held on 4-12-15 in which 13 teams participated. Five teams were selected for the finals. Ms Reshma K R led the quiz and quiz comprised of questions from industry, banking, sports, politics and so on. The winners are



Intercollegiate competitions

Department of Microbiology organized Intercollegiate competitions on “Cancer among Women” 04.02.16. Intercollegiate competitions like Power point presentation, Essay writing competition and Poster making competition were conducted. 50 people participated



Wonder Woman Contest

Wonder Woman Contest was organized as part of gender sensitization programme by the Department of English on 11th March, 2016. The students staged scenes from the lives of women who influenced and inspired them. The First prize was won by the Department of English.



Femessionals

The Department of Commerce organised an interdepartmental fair “Femessionals” on 03.09.2015. The event saw very young enthusiastic participants from the Commerce Department. By organising this fair, the Department provided an opportunity to exhibit creative skills of students and also to make sale of items. The aim behind the organising of this event was to promote the saying ‘Earn while you learn’.



Meet The Entrepreneur (03-12-2015)

As part of empowering the women to meet the challenges of life, the Department of Economics arranged a programme of meeting the entrepreneur as a measure to equip women to undertake entrepreneurial activities. The programme was handled by Ms RemaDevi, Proprietor, Good Look Beauty Parlor and Ready Wear, Thrissur on 3-12-2015. She gave an account of the scope of women entrepreneurship, nature of funding, challenges and concern.

