

Gender Sensitization Activities Report

June 2020-2021 December

Action Plan	Title of the Activity
Honouring Eminent Women	Mahitha Award - Dr M Leelavathy Teacher
Women Empowerment Programmes	<ul style="list-style-type: none">➤ Talk on “Life is beautiful” 7/8/2020➤ Webinar on “Online Predators and Hackers Targeting Youths” 21/08/2020➤ Makeover Challenge 03/10/2020➤ Gender Sensitization Talk on Elimination of Violence against Women and Cyber Crime 24/11/2020➤ Webinar: Women and Journalism 05/12/2020➤ Talk on “Situational Analysis” 19/01/2021➤ Film Review –National Girl Child Day 22/01/2021➤ Invited talk on Women & Law 25/03/2021➤ A talk on Dowry practices4/07/2021➤ Panel discussion on ‘Ensuring Women Safety-Society’s Responsibility’06/07/2021➤ A talk on Gender resource centre23/10/2021➤ Invited Lecture on Women Entrepreneurship25/10/2021➤ Hands-on Training Programme on “Spawn production and cultivation technique of Oyster mushrooms14/12/2021➤ Femessionals 22/12/2021➤ Debate on Gender Neutral Uniform 23/12/2021

	<ul style="list-style-type: none"> ➤ Free Hands-on Training programme on “സൗജന്യ ചിപ്പിക്കുൺ കൃഷി പരിശീലനം” was conducted for members of “Udayam”, Kudumbasree workers, Division 12, Chembukkavu Unit 21/12/2021
<p>Legal Awareness Class</p>	<ul style="list-style-type: none"> ➤ Legal Awareness Talk on 29/04/2020 ➤ A talk on Women and Law 17/07/2021 ➤ 28/08/2021 Webinar on legal rights of women ➤ 10/12/2021 International Human Rights Day- Talk on Women’s Rights and Legislation
<p>Competitions to arouse spirit of gender sensitization</p>	<ul style="list-style-type: none"> ➤ World Population Day-Poster designing Competition 11/07/2020 ➤ International Girl Child Day Celebration –Inter departmental PPT Presentation Competition on 11/10/2020 ➤ Poster making competition- National Girl Child Day on 18/01/2021 ➤ Speech Competition - "Sexual Harassment, Gender Inequality & Insufficient Access to sanitation" on 20/01/2021 ➤ Quiz competition- 'HER NATION' on 21/01/2021 ➤ Essay writing competition- " Raising the Age of marriage " on 23/1/2021 ➤ Online Spot quiz competition in connection with women’s day on 08/03/2021 ➤ Selfie with Mom Contest on 09/05/2021 ➤ Online Malayali Manga on 6/8/2021

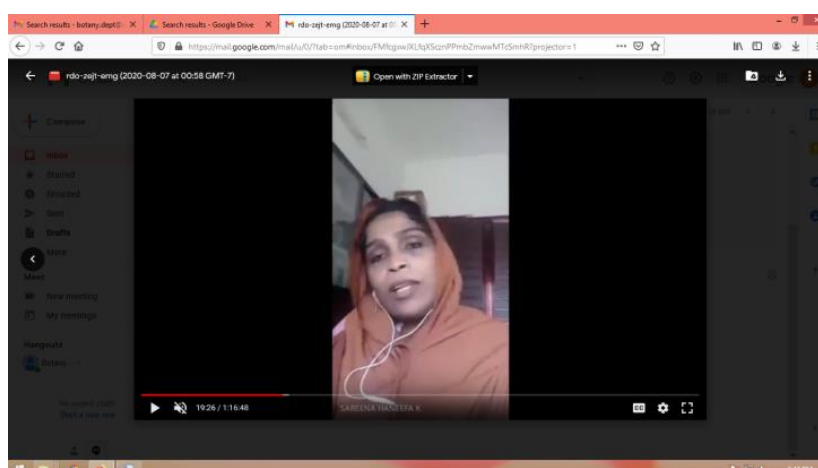
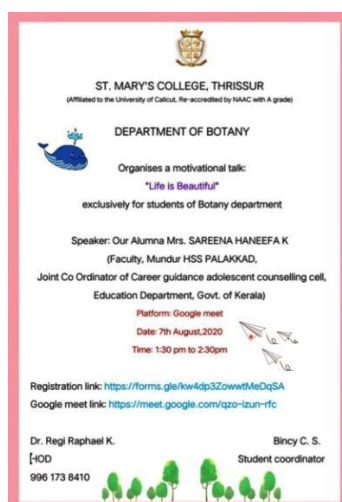
	<ul style="list-style-type: none"> ➤ Essay writing competition Little Girls with Dreams become women with Vision on 13/10/2021 ➤ Wonder Woman Competition on 08/03/2022
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Report

Mahitha Award

Talk on “Life is beautiful”

A motivational talk “Life is beautiful” was conducted on 7-8-2020. The resource person was Mrs. Sareena Haneefa K, Faculty, Mundur, HSS, Palakkad. She is an alumnae of our department. She talked about how to be happy and contented while facing several issues.



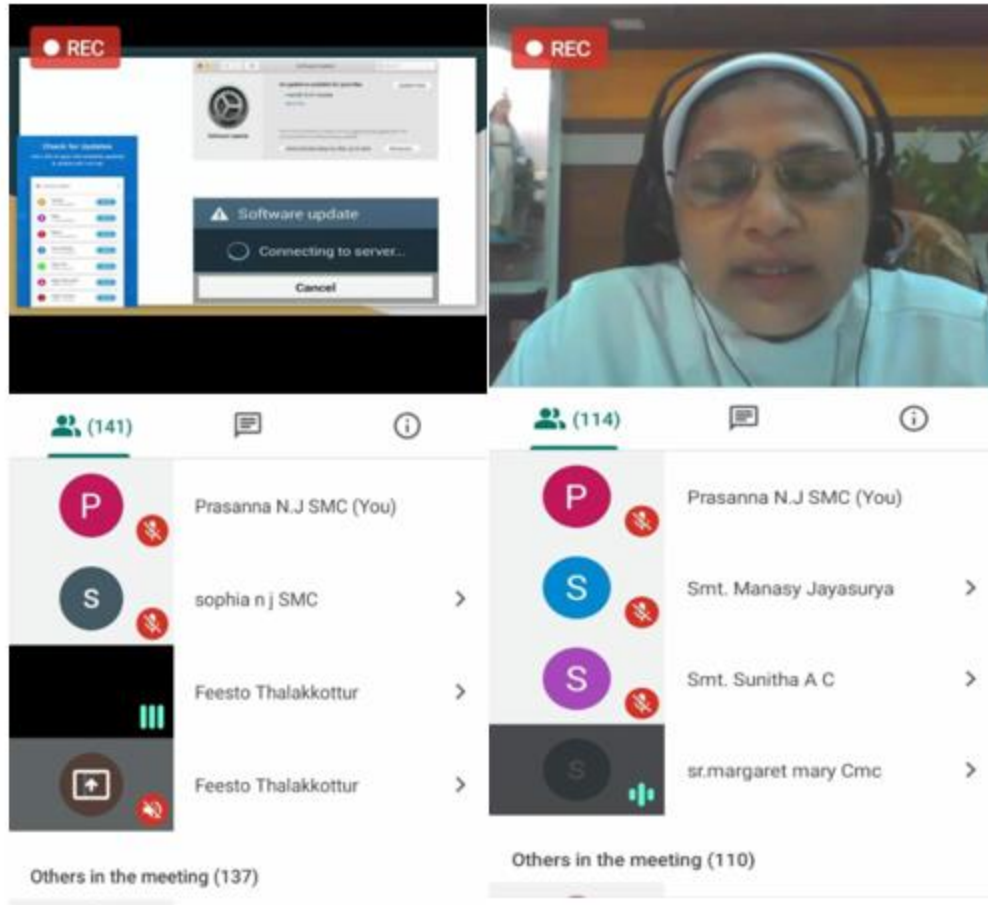
Webinar on “Online Predators and Hackers Targeting Youths”

On 21st August, 2020, the Department of Computer Science and Applications, of St. Mary's College, Thrissur, conducted a webinar for mother parents on the topic, 'Online predators and hackers targeting youth'. The webinar was hosted at 1:30 PM through Google meet. 140 members participated in the event. The principal addressed the gathering after which the resource person, Mr. Feesto Jose ASI, Cyber cell, proceeded with the presentation and covered relevant topics such as mobile security, how to be secure while using one's device, internet frauds, and social media scams that one must be very aware of. The discussed topics such as how to securely lock one's phone and apps, how apps use permissions, how to find a mobile if lost, and much more were very useful. The presentation was followed by an interactive session between the chief guest as well as the participants, where he cleared many concerns regarding the topic.



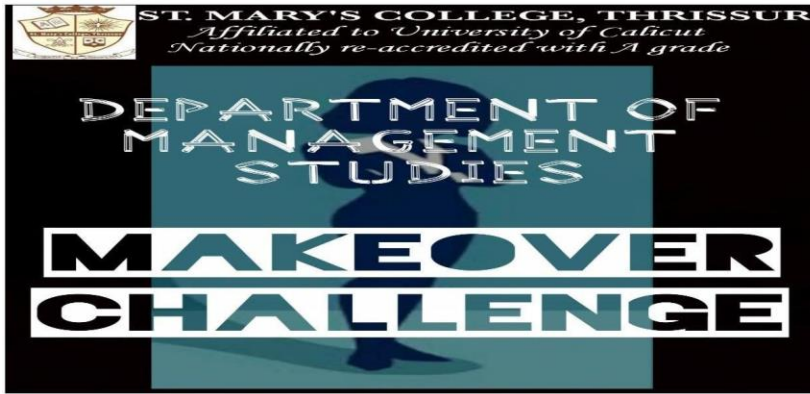
DEPARTMENT OF COMPUTER SCIENCE & APPLICATIONS
ST. MARY'S COLLEGE, THRISSUR

Date : 21.08.2020
Platform : Google Meet
Link : <https://meet.google.com/gpd-hhlg-cjf>



Make Over Challenge

The Department of Management Studies organised a Makeover Challenge to inspire our students to become promising entrepreneurs in future. The competition was conducted on 03rd October 2020 for all the UG and PG students of the college. There were 8 participants in total, from which Aparna Manoj C, 2nd DC BBA bagged first prize. Sayana Vincent, 2nd DC BA grabbed the second position and the third prizes were shared by Anviya Joby, 2nd DC BBA and Neethu Scaria, 3rd DC BBA. The staff coordinator for the event was Ms. Pessy Devassykutty and student coordinator was Ms. Anviya Joby of 2nd DC BBA All the participants actively participated in the event.



GUIDELINES

1. Participants can select any Famous WOMAN Entrepreneur as reference.
2. Attach your makeover photo along with referred photo (original photo) of the Entrepreneur.
3. Send your entries to bbaactivities2020@gmail.com on or before 05-10-2020(Monday).

For further details contact :

Staff Coordinator:
Ms. Pooja Depassykutry
ph: 813896542

Student Coordinator:
Ms. Anvitha Joby
2nd DC BBA



Elimination of Violence Against Women and Cyber Crime

International Day of the Girl Child is an international observance day declared by the United Nations on 11th of October every year. Department of Biotechnology conducted a gender sensitization talk on the topic “Elimination of Violence against Women and Cyber Crime” on November 24, 2020 at 11: 00 am through google meet. The Resource persons were Udhayachandrika S., Sub-Inspector of Police and Sreedhevi P.K., Senior Civil Police Officer, Vanitha Cell, Thrissur.

The speeches by the resource persons were highly inspirational and helped raise awareness about rights for women which included: right to life, right for protection, right to education etc.



ST. MARY'S COLLEGE

THIRISSUR, KERALA

(Affiliated to the University of Calicut & Re-accredited by NAAC with A grade)



DEPARTMENT OF BIOTECHNOLOGY

Organizes Gender Sensitization Talk

in connection with

INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

ELIMINATION OF VIOLENCE AGAINST WOMEN & CYBER CRIMES

RESOURCE PERSONS

Udhayachandrika S.
Sub-inspector of Police,
Vanitha Cell, Thrissur City

Sreedhevi T.K.
Senior Civil Police officer
Vanitha Cell, Thrissur City

Date: 24th November 2020
Time : 11:00 am
Platform : Zoom App

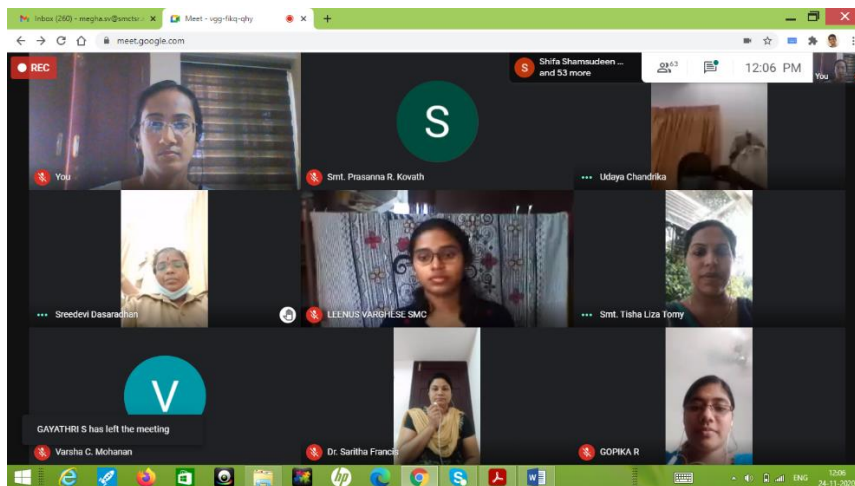


Dr. Sr. Magie Jose
Principal

Dr. Anu P. A.
HOD, Biotechnology

Ms. Tisha Liza Tomy
Faculty Co-ordinator

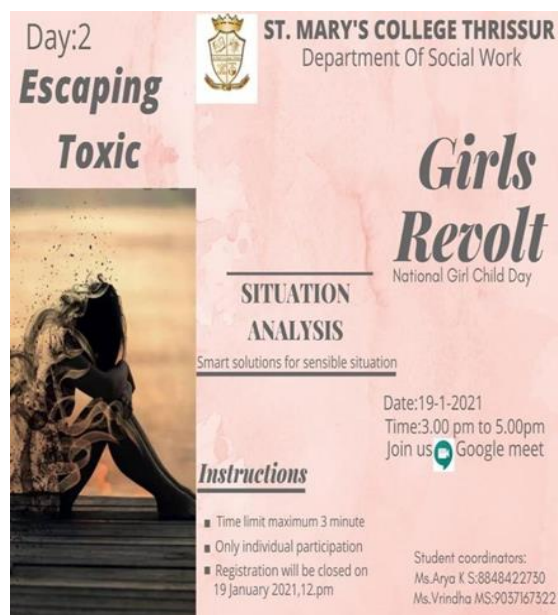
Ms. Leenus Varghese
Student Co-ordinator



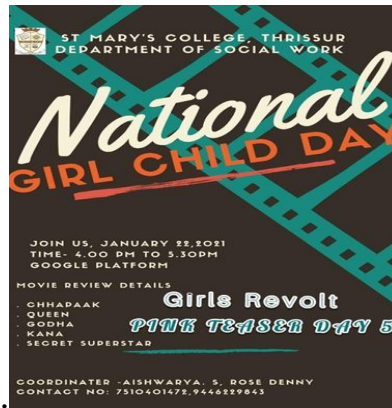
Department of English in association with IQAC of St. Mary's College conducted a Platinum Jubilee special programme on the topic: Women and Journalism on 05/12/2020. Resource Person: Jade Kurian, Co-founder & President, Latakoo, Texas, US. The students were keen and witnessed an active participation on the topic. An interactive session took place where students asked questions regarding the scope, impact and security of this field for women. The programme was coordinated by Ms. Abhini PK and Ms. Sony Chacko. The programme took place in Google Meet platform from 6 p.m. to 7p.m.



The Department of social work of St. Mary's College, Thrissur (first year students) organized a talk on “situation analysis” smart solutions for sensible situation on 19th January 2021 on the topic 'ESCAPING TOXIC' for students through online platform. All students actively participated in this programme.

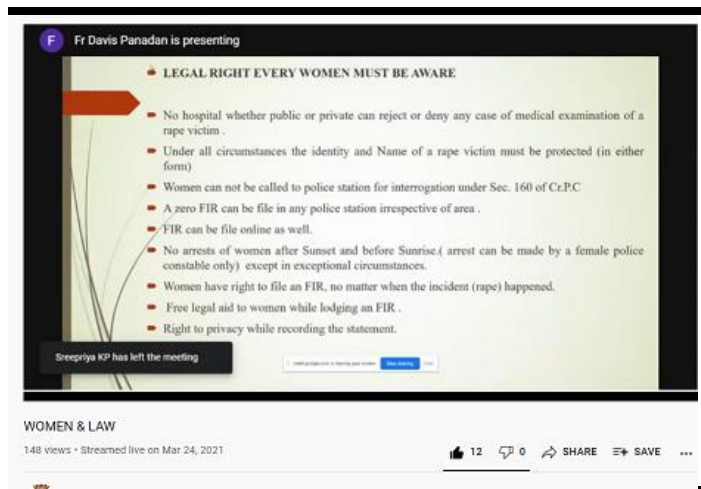


The Department of social work of St Mary's College, Thrissur conducted a Movie review on 22nd January 2021 based on the "Girl Child Day". The program was carried out by the Department students and teachers through Online plat form.



The Research & Post Graduate Department of Mathematics organized an invited talk on the topic “Women & Law” in connection with Women’s Day celebrations - 2021 by Fr. Dr. Davis Panadan, Principal of Christ Academy Institute of Law, Bengaluru, on 25th March 2021. All students and teachers from our department took part in the online session. The talk gave an awareness of constitutional privileges and special initiatives for women rights.





The Department of Social Work of St. Mary's College Thrissur has conducted a Talk on the topic "STREEDHANA SAMBRADHAYAVUM SAMOOHIKA MANOBHAVAVUM ADHUNIKA LOKATHIL" On 4th July 2021. The programme Resource person was Uma Preman, Social Reformer, The founder of Santhi Medical Information Centre and Santhi Gramam Attappadi, through online platform.



Panel Discussion on ‘Ensuring Women Safety-Society’s Responsibility’
06.07.2021 Field Outreach Bureau, Government of India, Ministry of Information and Broadcasting, Thrissur in association with Department of Computer Science and Applications organized a panel discussion on ‘Ensuring Women Safety-Society’s Responsibility’ on 06th July 2021 at 10.30AM through

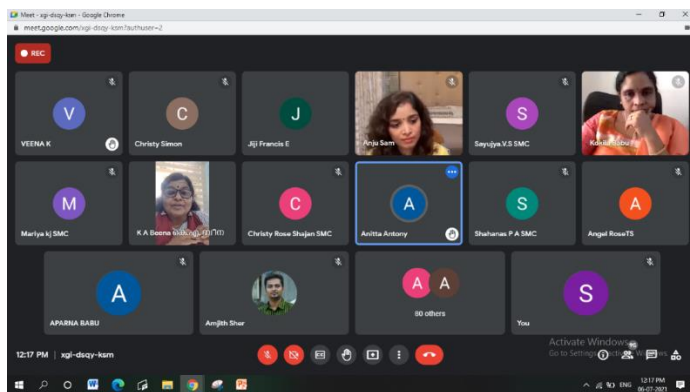
Google meet. The Panel Moderator was Jiji Francis, HoD, History Department, St. Mary's College, Thrissur. The Panel includes 3 eminent personalities from various sectors:

Smt. K.A. Beena, Deputy Director, ROB Kerala-Lakshadweep Region.

Adv. Kokila Babu, Advocate and Legal Counsel Thiruvananthapuram.

Dr. Anju Tresa Andrews, Consultant Psychologist, Elite Mission Hospital, Thrissur.


The poster is for a panel discussion titled "ENSURING WOMAN SAFETY – SOCIETY'S RESPONSIBILITY". It is organized by the Field Outreach Bureau, Government of India, Ministry of Information and Broadcasting, Thrissur, in association with the Department of Computer Science & Applications at St. Mary's College, Thrissur. The event is scheduled for July 06, 2021, Tuesday, at 10:30 AM on Google Meet. The panelists are Smt. K.A. Beena (Deputy Director, ROB Kerala-Lakshadweep Region), Adv. Kokila Babu (Advocate & Legal Counsel Thiruvananthapuram), and Dr. Anju Tresa Andrews (Clinical Psychologist, Elite Mission Hospital, Thrissur). The panel moderator is Smt. Jiji E Francis (Assistant Professor, Dept. of History, St. Mary's College, Thrissur). The poster also lists the Principal (Dr. Sr. Magie Jose), Deputy Director (Sri. George Mathew), Head of the Department (Ms. Betsy Chacko), and Student Coordinator (Anjaly M C). A "Register Here" button is provided, with a note that an e-certificate will be provided.



The Department of History organized a webinar on “Conceptualization and Discussions on Feminity in Early India” on 04/08/2020. The lecture was delivered by Dr. Mytri P U, Assistant Professor on contract in the University of Calicut.


POST GRADUATE DEPARTMENT OF
HISTORY
ST.MARY'S COLLEGE ,THRISSUR

*Learning from
Expert*



WEB LECTURE ON THE TOPIC
**Conceptualisation and Discussions
on Feminity in Early India**

04/08/2020-2.00 pm Google Meet
<https://meet.google.com/dhh-rtrg-rqs>



Smt.JJJI Francis E
Head of the Department

Dr. Mythri P.U
Faculty of History
University of Calicut

Smt.Vandana A.B
Co-Ordinator

The Department of History organized a National Webinar on Gender and Research: A Feminist Perspective'. The lecture delivered by Dr. Ratna Huirem, Assam University, Silchar on 12/8/2020. More than 200 participants attended the seminar through the google meet.



Post Graduate Department
of History, St. Mary's College
Thrissur, Kerala is organizing
National Webinar on the topic
'Gender and Research: A
Feminist Perspective' by Dr.
Ratna Huirem, faculty of
Social work, University of
Assam, Silchar





Dr. Ratna Huirem
Assistant Professor, Department of Social
Work, Assam University, Silchar

**NATIONAL
WEBINAR**

on
12/08/2020
St. Mary's College,
Thrissur-20

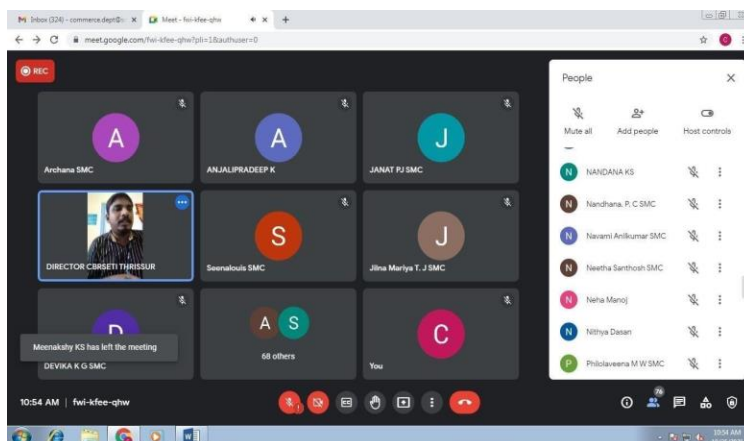
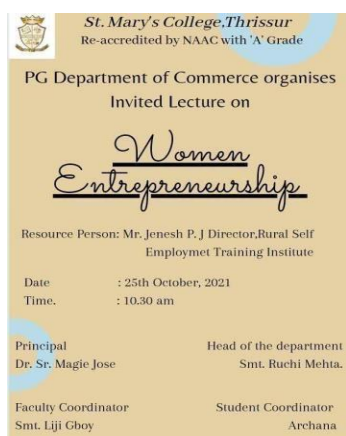
Free registration
Registration link:
<https://forms.gle/AzLg1ZVv7Mc8MhrW9>

PLATFORM:GOOGLE MEET
TIME: 12.00 PM

St.Mary's college second year students of social work department conducted a talk at Gender resource centre in Panchayath on 23rd October Saturday at 11.00 am. Resource person of the program was Anjana A. A (CWF) Madakkathara Gramapanchayath, she described about the Jagratha committee and also explained about the activities, work, and responsibilities of the committee.

Invited Lecture on ‘Women Entrepreneurship’

PG Department of commerce conducted an Invited Lecture on Women Entrepreneurship on 25th October 2021. The Resource person of the programme was Mr. Jenesh P J, Director, Rural Self Employment Training Institute, Thrissur. 89 students participated in the session. This session was focused to empower the students who want to start their business. The speaker also discussed Govt. schemes and subsidies available to women entrepreneurs.



Training on Spawn production

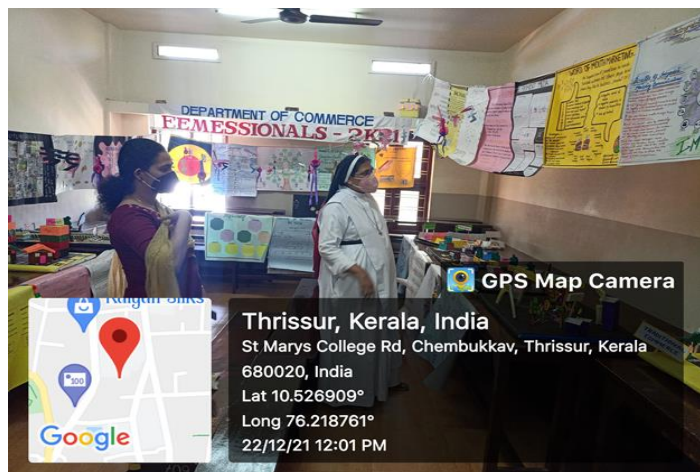
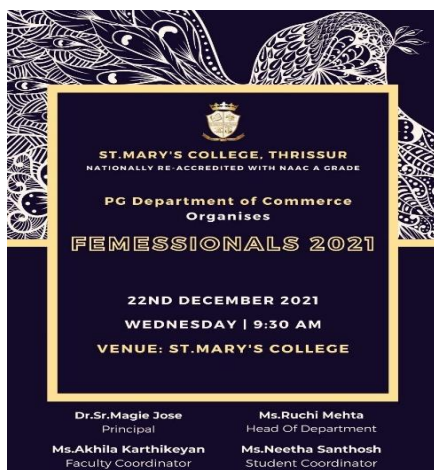
A two-day Free Hands-on Training Programme on “Spawn production and cultivation technique of Oyster mushrooms” was conducted for I PG students on 14th and 15th December, 2021. Students were given training on spawn preparation using boiled wheat grains, spawn inoculation, substrate preparation, sterilisation and bag preparation, mycelia running, fruiting body production, harvest etc. Certificates were awarded to the participants. Dr C R Meera, Assistant Professor, Department of Microbiology, served as the resource person.



FEMESSIONALS 2021

The Department of Commerce organised an interdepartmental fair “Femessionals-2021” on December 22nd 2021 Wednesday. Principal Dr.Sr. Maggie Jose inaugurated the fair at 9.30 am. By organising this event the department provides opportunity for the students to exhibit their creative skills. Smt.Akhila Karthikeyan selected as the faculty coordinators.

The fair was very enthusiastic with the effective participation and co-ordination of 57 students from both B. Com and M. Com classes. This programme aimed at enhancing intellectual abilities, leadership qualities and managerial skills of the students



Debate on Gender Neutral Uniform

Post Graduate Department of History organized a debate on Gender Neutral Uniform on 23/12/2021. Event was planned on the background of the Announcement of the implementation of the gender-neutral uniform by, Higher

Education Minister of Kerala. Krishnapriya K of I MA History coordinated the debate and she also acted as Moderator for the same. Students from various departments actively participated and conveyed their views for and against the topic.

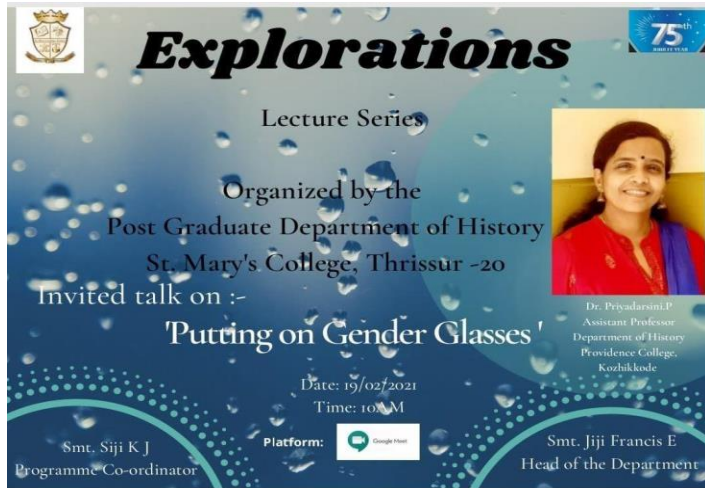


Hands-on Training programme for members of Kudumbasree unit

Free Hands-on Training programme on “സൗജന്യ ചിപ്പിക്കുൺ കൃഷി പരിശീലനം” was conducted for members of “Udayam”, Kudumbasree workers, Division 12, Chembukkavu Unit, Thrissur on 21st December, 2021, from 1.30 – 3.30 pm. Training was given on substrate selection, preparation, sterilization, spawn inoculation and bag preparation. Guidance to set up small cultivation units at home was also given.



Post Graduate Department of History organised a Lecture on Putting on Gender Classes”. Session was handled by Dr. Priyadarsini P Assistant Professor Department of History Providence College Kozhikode on 19/02/2021.



Women cell of St. Mary’s College, Thrissur in collaboration with Thrissur city police conducted a webinar on women safety on 29th April 2021. Women cell coordinator Dr. Dhanya Shankar K S (Asst Professor, Dept. of Economics) welcomed the gathering. Shri P SasiKumar (ACP, Thrissur City) formerly inaugurated the session and spoke to the students about the dangers and issues hidden in social medias and reminded them to be more cautious while using them. Smt. Shiji Sidharthan (civil Police, Thrissur West) highlighted the need of understanding the self-defence techniques for women safety. She also described about various safety provisions provided by Kerala police for women safety.



The department of social work of St Mary's College, Thrissur has conducted a webinar on 17 July 2021 between the time interval 4.00pm to 5.30pm based on the topics "srethikalum niyamagalum" "Mahamari kalathe manasika sammarthagal". The programme was inaugurated by Dr. Sr. Magie Jose (Principal of St. Mary's college). The programme was carried out by the Resource persons namely adv. Shiji Sivaji (vanitha commission member), Maala Ramanan (counselor) department students and teachers through Online platform.

**ST.MARY'S COLLEGE
THRISSUR**

കേരള വനിതാ കമ്മീഷനും
ഡിപ്യൂർട്ടിംഗ് ഓഫ് സോഷ്യൽ വർക്കും
സംയുക്തമായി സംഘടിപ്പിക്കുന്ന
വെബിനാർ

RESOURCE PERSON


ADV.SHIJI SIVAJI
VANITHA COMMISSION
MEMBER

RESOURCE PERSON


MAALA RAMANAN
COUNSELLOR

TALK ON

സ്ത്രീകളും
നിയമങ്ങളും

TALK ON

മഹാമാരി കാലത്തെ
മാനസിക
സമ്മർദ്ദങ്ങൾ

PLATFORM

 GOOGLE MEET

DATE:17/7/2021

TIME : 4 TO 5.30

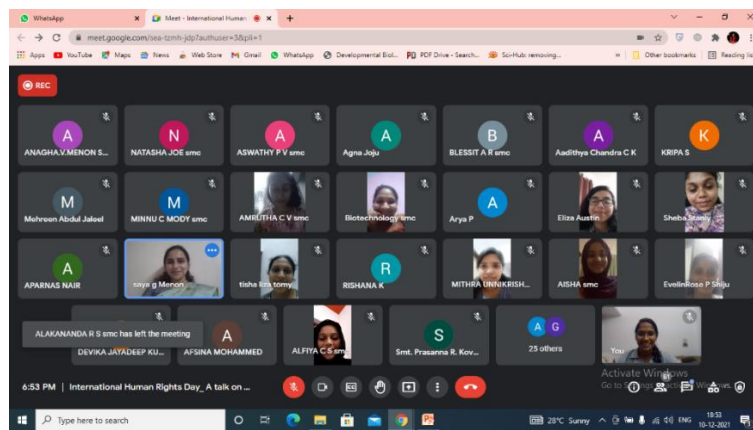
Webinar on Legal Rights of Women

Department of Commerce organized a webinar on 'Legal Rights of Women' on 28th August 2021, 11 a.m. to 12 noon. The program formally began with the welcome address delivered by faculty coordinator Smt.Nithya M.M. Mr M M Babu Assistant commandant, AR camp, Thrissur was the resource person for the program. He explained the legal rights of women with examples. He appealed to women to make use of constitutional and legal provisions provided to women. 128 students participated in the programme. The event was concluded with the vote of thanks given by Ms. Sreelakshmi Kizyappat.



International Human Rights Day Commemoration 2021

In connection with International Human Rights Day, Department of biotechnology conducted a talk on Women's Rights and Legislation on 10th December 2021 at 6.00pm. The gathering is addressed by Smt. Remya Menon, Additional Chief Judicial Magistrate, Thrissur. The resource person enlightened students about the current scenario of domestic violence and Dowry, PocsO act and child welfare, sexual abuse and harassment towards women in public as well as working place. 50 students of department of biotechnology participated in the event.



Poster Designing Competition

World Population Day is an annual event, observed on July 11 every year, which seeks to raise awareness of global population issues. How to safeguard the health and rights of women and girls now "amid the pandemic is the theme of 2020's World Population Day. Considering the same the Department of Management Studies, St. Mary's College, Thrissur, organized a poster designing competition. The programme was coordinated by Ms. Pessy Devassykutty, faculty member of the Department and student coordinator was Ms. Sayana Vincent of 2nd BBA.



International Girl Child Day Celebration- Inter-Departmental PPT Presentation Competition

As a part of International Girl Child Day 2022, Biotechnology Department organized an Inter-departmental PPT presentation competition on the topic 'Impact of Covid-19 on Women and Girls and Stories of Change' on 11th October 2020. 39 students participated and the video was uploaded in the YouTube channel of Biotechnology Department 'Biotechnologous'. Students have presented the successful stories of strong women.



As part of 'National Girl Child Day', Department of Social Work conducted a week long programme with a title 'Girls Revolt' on 18/01/2021

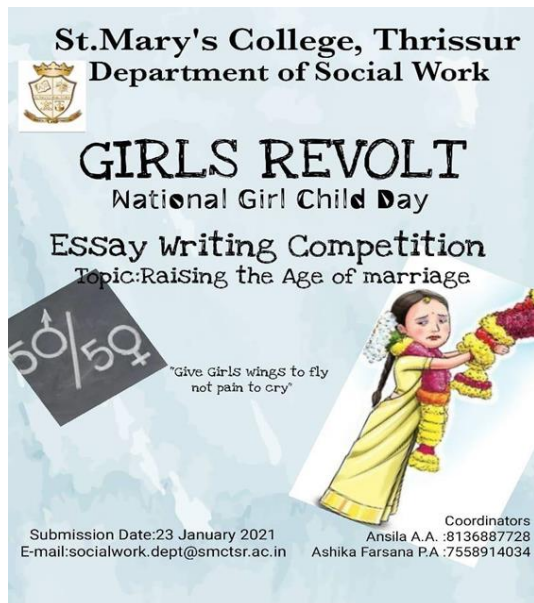
The Department of Social Work of St. Mary's College Thrissur, as a part of 'NATIONAL GIRL CHILD DAY' conducted a poster making competition on the topic "MYTH MENSTRUATION" on 18th January 2021 through the online platform. All the students actively participated in this competition.



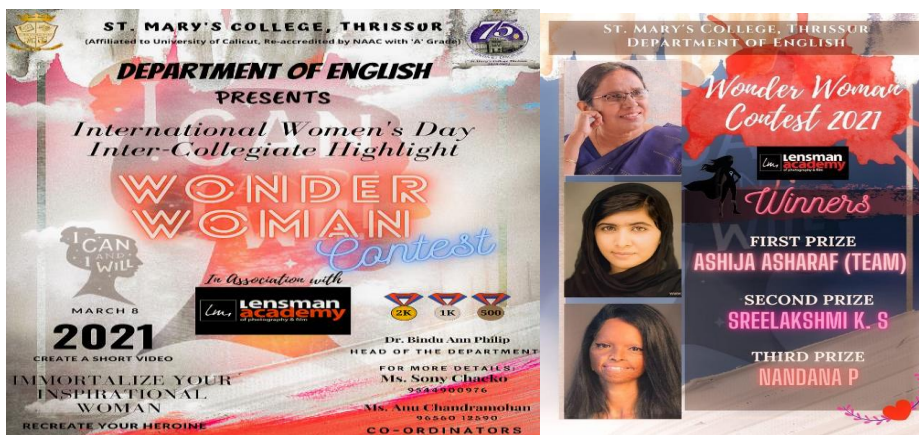
The Department of social work of St. Mary's college, Thrissur has contacted a Speech Competition as a part of Girl child day on 20th January 2021 on topic "Sexual Harassment, Gender Inequality & Insufficient Access to sanitation" through online platform. The Department of social work of St. Mary's College, Thrissur as a part of 'National Girl Child Day' conducted a quiz competition on 21st January 2021 on the topic of 'HER NATION' through online platform. All the students actively participated in this competition.



The Department of Social Work of St Mary's College, Thrissur has organized an essay writing competition on the Topic “Raising the Age of marriage “on 23rd January 2021. The competition was conducted by the Department students and teachers through online platform. The students actively participated in the competition.

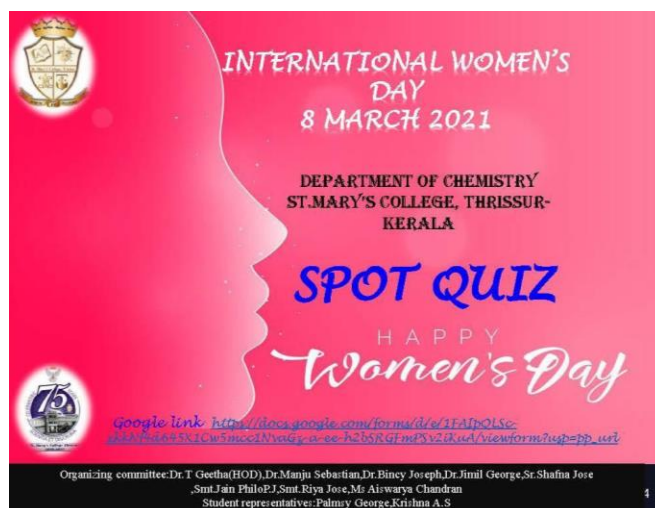


On 8 March 2021, Department of English celebrated International Women’s Day by announcing its prestigious event Wonder Woman. The contest was conducted online as an Inter – Collegiate Event in collaboration with Lensman Academy. The participants were asked to create a short video on any famous woman personality to motivate the people. The videos were posted on YouTube and links were sent to the WhatsApp Group and Mail ID. Cash prize and certificates were distributed among the winners.



International Women's Day Celebration

In connection with International women's day celebration the department of chemistry organized an intercollegiate online spot quiz competition on 8th March 2021. There were 59 participants from various colleges including staff and students. The first prize winners are Sruthy Damodaran, first year BSc.Chemistry (St. Mary's college, Thrissur), Dr. Litty Mathew Irimpan Dept.of Physics (St. Mary's college, Thrissur) and Ansha P. W first year BSc.chemistry (St. Mary's College, Thrissur).



The Department of English conducted an Online *Selfie with Mom* competition on 20th May, 2021. Students were directed to take a picture with their Mother and write an apt caption describing Mother's Day. There were 11 entries out of which the winners were Catherine Thomas of I DC Botany, Athira Lalan of III DC

English and Aparna Manoj of II DC BBA. The competition was coordinated by Ms. Anu Chandramohan and Ms. Greeshma K.S.



As a part of the international day for the girl child the post graduate department of History organized an Essay writing competition on the topic “Little Girls with Dreams become women with Vision” on 13/10/2021.



